QC

ON THE SCENE:
Shots from the exotic and colourful China Night charity gala **P. 4**

SHARP EATS:
Unpredictable nature of pop-up dinners all part of the allure **P. 10**

FASHION:
Toddler's style triumphs thanks to her fashion designer mom **P. 20**



TEACHING THE BRAIN

BARB BUTLER'S LIFE CHANGED AFTER A CAR CRASH LEFT HER WITH A BRAIN INJURY, BUT RENEWED PURPOSE HAS MADE A HUGE DIFFERENCE **P. 5**

FREE

IN THE CITY

SEPTEMBER 27, 2014 — 5:30 P.M.

A monster of a run



Eric Anaquod (right) runs to avoid zombies trying to steal his flag during the Kinsmen Zombie Obstacle Challenge held near Empress Drive on Sept. 27 QC PHOTO BY MICHAEL BELL

INDEX

ON THE COVER P. 5



Barb Butler, who acquired a brain injury in 1993, has devoted her life to helping others with brain injuries. QC PHOTO BY MICHAEL BELL

TABLE OF CONTENTS

IN THE CITY — 2
A moment in time. Photographer Michael Bell captures a unique shot to define the week.

ON THE SCENE — 4
Our best shots from the exotic and colourful China Night charity gala.

ON THE COVER — 5
Barb Butler's life changed after a devastating crash but renewed purpose has made a huge difference.

SHARP EATS — 10
The unpredictable nature of pop-up dinners is all part of the allure.

EVENTS — 14
What you need to know to plan your week. Send listings to: qc@leaderpost.com

CROSSWORD/SUDOKU — 15

READ MY BOOK — 18
Author Colin Chatfield's If a Fish Had a Wish.

WINE WORLD — 19
Celebrate the end of summer with pink moscato.

FASHION — 20
Toddler's fashion-forward style influenced by her designer mom.

OUTSIDE THE LINES — 22
A weekly colouring creation for kids of all ages by artist Stephanie McKay.

FASHION PG. 20



Novena Farthing shows off one of her favourite looks for fall. She's wearing a sweater made by her fashion designer mom, Rebecca King. QC PHOTO BY MICHELLE BERG

QC COVER PHOTO BY TROY FLEECE

QC is published by the Leader-Post — a division of Postmedia Network Inc. — at 1964 Park St., Regina, Sask., S4N 3G4.
Rob McLaughlin is editor-in-chief. Heather Persson managing editor; Jenn Sharp associate editor.
For advertising inquiries contact 781-5221, editorial 1-855-688-6557, home delivery 781-5212. Hours of operation are Monday to Friday, 8:30 a.m. to 4:30 p.m.
The contents of this publication are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For more information, contact the editor at 1-855-688-6557.

ON THE SCENE

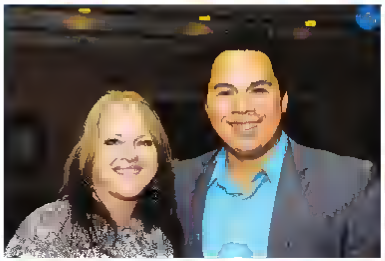
CHINA NIGHT CHARITY GALA BANQUET

It was all about supporting children s health in Regina.

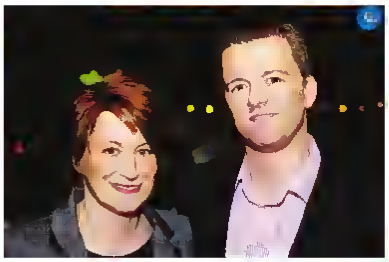
The Chinese Cultural Society of Saskatchewan partnered with the Hospitals of Regina Foundation to present the ninth annual China Night charity gala banquet on Sept. 27 at the Conexus Arts Centre. The fundraiser, in support of pediatric care in Saskatchewan, featured a banquet dinner, silent auction and live entertainment.

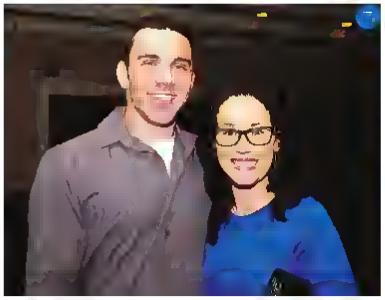
The event raised $12,000, which will go toward providing good care to sick children. Last year s event also raised $12,000, which was used to purchase two vital signs monitors, with all the necessary accessories, for the Regina General Hospital.

Since its 30th anniversary in 2006, the Chinese Cultural Society of Saskatchewan has raised $86,000 in support of children s health care in the province.



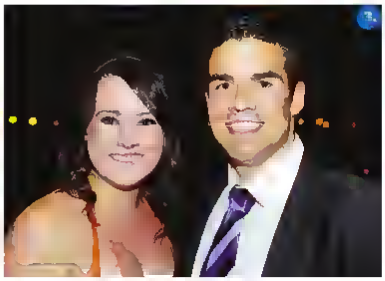




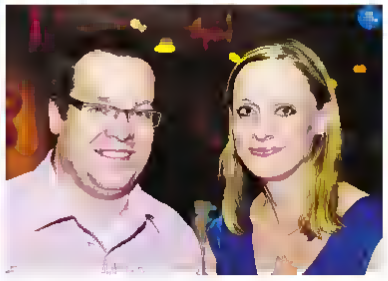












1. Yens Pedersen and Maureen Harrison

2. Devon and Jenni McCrum

3. Madelein and Rankin Jaworski

4. Amber Smale and Benson Thoudsanikone

5. Neelu Sachdev and Madhu Kumar

6. Barb Reichert and Edwin Decaluwe

7. Ryan Harwood and Danielle Hulet

8. Andrew and Claire Geary

QC PHOTOS BY MICHAEL BELL

ON THE COVER

Brain injury is not understood. Not at all. It's the invisible injury.
– Barb Butler

BRAIN INJURY

Butler's advocacy work is personal



Barb Butler spent years as a patient at Wascana Rehabilitation Centre following a car accident in 1993 which left her with a brain injury QC PHOTO BY TROY FLEECE

By Ashley Martin

The Wascana Rehabilitation Centre is a fitting place for Barb Butler to tell her life story. It was there that her life began again.

Sure, her life really began in Roblin, Man., back in 1955. But in August 1993, she was born again in a way.

"This is the first place I remember being after my accident," said Butler.

That was three weeks after a car crash near Wilcox left her with a severe brain injury.

The Butlers, who had moved to Regina from Mississauga, Ont., the year before, were returning from a camping trip at Dunnet Park near Avonlea. Their plan was to stop off at Wilcox to see the Athol Murray College of Notre Dame where legendary Toronto Maple Leafs forward Wendel Clark had gone to school.

A semi broadsided their van before they arrived.

Butler's husband Randy, who was driving, came away with broken ribs. Daughter Erin, then nine years old, was left with a broken femur. Son Brett, who was five, was cut up by flying glass. He was the only one conscious when help arrived.

Barb Butler, in the front passenger seat, hit her head so severely she was in a coma for three weeks.

When she came out of it, her left side was paralyzed. She couldn't walk. She didn't recognize her own family.

The school teacher, who had been pursuing her master's degree to become a principal, had to relearn how to read.

"I had plans and you should never make plans," said Butler. "I think when you make plans, God laughs."

So without planning on it, 21 years after her journey began, she's fully dedicated to raising awareness of brain injuries.

She's involved in the Saskatchewan Brain Injury Association (SBIA) and the Brain Injury Association of Canada (BIAC). She was recently honoured at a Saskatchewan Roughriders home game for her work with SBIA.

After more than four years as a patient at Wascana Rehab, she's still a familiar face as she continues to volunteer there.

She's the "book lady," pushing the book cart around. She has worked in the children's library, has taken patients to appointments and done other odd jobs over the years.

But sometimes volunteering is as simple as conversing with patients. To ask a question "and value their opinion, it gives them a feeling of self worth" that patients sometimes don't have, said Butler.

That extends to a weekly brain injury support group she facilitates at Wascana Rehab.

"You would think we sit around and talk about brain injury but we just sometimes sit around and talk about things," said Butler.

Continued on Page 6

I had plans, and you should never make plans. I think when you make plans, God laughs
— *Butler*

It's a safe space where people can feel heard, which she says isn't always the case with brain injury survivors.

"Brain injury is not understood. Not at all," said Butler. "It's the invisible injury."

■ ■ ■ ■

On a sunny Thursday in July, there are about 15 people at the meeting.

They reminisce about the camp held in June for survivors and their families. They discuss the Brain Boogie, a fundraising walk in its 12th year that was held Sept. 6 in Regina. Similar ones are held in Saskatoon, Yorkton, Moose Jaw and Prince Albert to raise money for brain injury programming.

And they talk about the hurdles that come with living with a brain injury.

In this room, "you don't have to worry about what other people think," says Scott Hubick, who acquired a brain injury during a car accident when he was 15. "Nobody judges you."

That's not the case outside. "I sometimes get the 'are you drunk?' look," says 53-year-old Hubick, as brain injuries can affect speech and balance.

The symptoms of a brain injury vary — Hubick compares them to snowflakes, as no two are alike. The causes also vary.

In this support group, brain injuries have resulted from car accidents, tumours, strokes, aneurysms, assaults and — a common cause — just slipping and falling.

"Sometimes people think 'this can't happen to me,'" says SBIA executive director Glenda James, but "everybody falls."

She compares a brain injury to a jigsaw puzzle with a few missing pieces — you can still see the big picture, because the brain learns to fill in things that are missing.

While survivors learn to adapt, "I wouldn't wish it on anyone else," says 19-year-old Emilia Becker, who was left with a brain injury after a school bus accident when she was 11.

Formerly an ambitious girl who loved dance and playing piano, the injury changed her personality. She became immature and apathetic. She's still healing, she says.

Someone mentions that when you acquire a brain injury, you have to grieve the life and dreams you had before. Life isn't the same.

■ ■ ■ ■

In the early stages of Butler's recovery, she had no idea she was injured. She was told she couldn't walk, but she didn't believe it.

She was so convinced she could walk, in turn she convinced her mother she was able to walk. The brain injury had clouded her judgment.

It was only when she was challenged to take a few steps that reality dawned on her, but she doesn't recall exactly how she felt.

"I don't remember the frustration. I think it's maybe God's way of helping you deal with it — not having lasting memories so you can dwell on it," said Butler.

It wasn't an easy process — in all, she spent four years in rehabilitation.

"You don't know the strength you have until you're put in the situation when you HAVE to do something," said Butler. "I think it's just survival."

"Things are harder for her, but that doesn't stop her from doing things, it just makes her work harder at them," said daughter Erin.

Take the adage "it's like riding a bike" — it applies to an action that easily comes back to you after a long time out of practice.

Even though Butler sometimes has issues with her balance and sometimes walks with a limp, she perseveres.

Butler is an avid cyclist, but "she kind of has to think about it and it's more difficult for her," said Erin. "But she bought this bike and she was determined to go for bike rides and now she bikes all the time."

During her recovery, Butler's goal was to get back into teaching shape, to return to her career.

Eventually it became evident that that was a pipe dream.

"I couldn't go back to teaching because with teaching you have to pay attention to 30 people in the classroom and I have a problem focusing on more than one thing at a time," said Butler.

"I used to be able to talk on the phone, read a book and watch television all at once, and now I have to be really focused on one task."

When she was transferred home after three months as a Wascana Rehab inpatient, she had to live on the main floor of the house because she still couldn't walk.

The one perk was "I got out of cooking and I got out of cleaning," she joked.

Each day she returned to Wascana Rehab for therapy. She advanced from a wheelchair to a walker.



Barb Butler is known as the 'book lady' at the Wascana Rehabilitation Centre in Regina. QC PHOTO BY TROY FLEECE

If you say Sidney Crosby has had two concussions, no. Sidney Crosby has had two brain injuries and people would take it more seriously if it was called a brain injury and not a concussion. — *Butler*

Reading ability came back quickly enough — 'It wasn't like I had to start with A-B-C, but everything just kind of jumbled together, the words.'

She couldn't retain the information either.

"My husband used to laugh because I would, at any given time, have 20 books on the go at once, and after the accident he said he could give me the same magazine every day because it was all new to me, because I couldn't remember."

Her memory is still poor; she relies heavily on her iPhone to give her reminders. She finds the act of writing helps her remember.

■ ■ ■ ■

"People ask (my kids) 'what's it like to have a parent with a brain injury?' and they always just say, 'She's just our mom,' because they were nine and five at the time of the accident," said Butler.

"This is just our life. This is what we're used to," said Erin. "We kind of had to mature and grow up a lot faster than normal kids" in terms of taking care of themselves.

"When Brett started kindergarten, I was in a coma," said Butler. "His first day of school, I wasn't there."

Then, when she did wake from her coma, she only recognized him as a 'nice little boy.'

"I'm trying to make up for it ever since."

While her kids were growing up, Butler was heavily involved in the parent organizations at school.

"I always said it was my mother's guilt that made me be involved in the school."

Besides, as a former teacher, schools were a comfortable place for her.

But she needed a new venture — something for herself.

"I had to find something to make my life meaningful," said Butler. "You grow up thinking you go to school, you get a job, you have kids — that's what you do. And all of a sudden here I was. I'd gone to school, I'd had a job, now who was I? Before, I'd been Barb Butler the teacher. Who was I?"

Continued on Page 8



The Butler family, from left: Erin, Brett, Randy and Barb during the Brain Boogie, an awareness-raising walk held at Wascana Centre on Sept. 6. QC PHOTO BY MICHAEL BELL



Saskatchewan Breast Cancer Connect
LIVING WITH METASTATIC BREAST CANCER: TAKING CONTROL
October 17th & 18th 2014 Radisson Plaza Hotel Saskatchewan
Travel, Accommodation and Registration provided at NO COST
WHO SHOULD ATTEND:
Women diagnosed with advanced or metastatic cancer and their support person
SPEAKERS:
Dr. Maureen Trudeau, Odette Cancer Centre Toronto
Jill Taylor Brown MSW RSW Cancer Care Manitoba
John Sirdar RN Sask. Cancer Agency
Mariene Glettler MSW RSW RQHR
Grant Rathwell MSW RSW Sask. Cancer Agency
TO REGISTER GO TO
livingwithmetastaticbreastcancer-takingcontrol.eventbrite.ca
For more information contact Diana at saskbreastcancerconnect@hotmail.com
This project has been made possible through a grant from The Canadian Breast Cancer Foundation - Prairies/NWT Region

UNMANAGEABLE TAX DEBT?

We'll review your situation, explain your options and help you find the debt solution that works for you.
Free initial consultations in Regina, Yorkton and Moose Jaw
306 949 3328 | 306 310 8858 Local call in SK
regina-debt-help.ca
Tami Rogers, Manager
trogers@bdo.ca
300 – 1914 Hamilton St. Regina
BDO Canada Limited Credit Counsellors Proposal Administrators Trustee in Bankruptcy
Resident office 650 – 10303 Jasper Ave. Edmonton AB
BDO

VICTORIA, BC

Planning a winter getaway?
Join Greg Greene of the Royal Scot Hotel & Suites for an information session about Victoria, B.C., and long stay vacations.
- Convenient Downtown Location
- Spacious Suites with Full Kitchens
- Active Social Program
- Special Long Stay Rates

Saturday, October 18, 2014
Delta Regina
1919 Saskatchewan Drive
Presentation starts at 1:00 pm
Call Amber to RSVP
1-800-663-7515
ROYAL SCOT HOTEL & SUITES
425 Quebec Street, Victoria, BC V8V 1W7
Toll Free: 1-800-663-7515
Email royalscot@royalscot.com • www.royalscot.com

SPECIAL Grand Opening OCTOBER 3-4, 2014

LOW FINANCE/LEASE RATES AND CASH REBATES

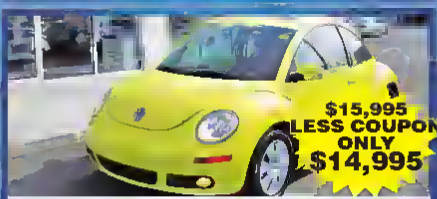
Offered exclusively to Taylor Volkswagen from Volkswagen Canada

*See dealer for details.



$37,995 LESS COUPON ONLY $36,995

2014 VOLKSWAGEN TIGUAN COMFORTLINE SUV
Stk 5816
6 SPEED AUTOMATIC



$15,995 LESS COUPON ONLY $14,995

2008 VOLKSWAGEN NEW BEETLE 2.5L TRENDLINE HATCHBACK
Stk 5860
6 SPEED AUTOMATIC



$17,995 LESS COUPON ONLY $16,995

2014 VOLKSWAGEN JETTA 2.0L TRENDLINE+ SEDAN
Stk 5802
6 SPEED AUTOMATIC

PLUS LOADS OF CHOICE S.U.V.'s

2014 Jeep Gr Cherokee Laredo	$35,995
2014 Chev Traverse AWD 8 pass.	$31,995
2014 GMC Acadia AWD 8 Pass.	$35,995
2014 Jeep Gr Cherokee LTD	$41,995
2013 Ford Escape SEL loaded	$29,995
2013 Toyota Venza Premium	$31,995
2012 Cadill SOLD paid	$31,995
2012 GMC Acadia SLT leather	$34,995
2011 Ford ESOLD pst paid	$15,995
2010 Wrangler Latitude Edt	$23,995
2010 Chev Equinox LTZ V6 Leather	$17,995
2010 Chev Travers LT 8 Pass.	$19,995
2009 Infiniti FX35 Premium Tech	$20,995
2009 Toyota Rav4 V6 Sport leather	$19,995
2008 Dodge Nitro R/T low KM	$16,995

SEPTEMBER SAVINGS

$1000 Coupon off EVERY IN STOCK USED VEHICLE



$28,995 LESS COUPON ONLY $27,995

2012 VOLKSWAGEN PASSAT 2.0 TDI HIGHLINE (A6) SEDAN
Stk P1500921
6 SPEED AUTOMATIC WITH AUTO-SHIFT



$17,995 LESS COUPON ONLY $16,995

2013 VOLKSWAGEN GOLF 2.SL TRENDLINE (A6) HATCHBACK
Stk 5851
6-SPEED AUTOMATIC



7 IN STOCK TO CHOOSE FROM less coupon ONLY $17,99S

2013 VOLKSWAGEN PASSAT TRENDLINE SEDAN
Stk 5711
AUTOMATIC

MANY TRUCKS, CARS AND CERTIFIED VW AND OFF MAKES IN STOCK

the NEW Taylor Volkswagen Used

3615 East Quance Gate, Regina

306-757-9657 • 1.877.811.4006

www.taylorvw.ca

VolkswagenPure



She could have kind of curled up in bed but instead she's just making the most of her life. She devotes her whole life to brain injuries and helping other people with brain injuries. – *Erin Butler*

"I needed to find something to occupy my life and my time."

That something was brain injury advocacy work. She was president of SBIA and now serves as BIAC co-chair, conference chairperson and newsletter editor.

"Some people work 40 hours a week, I think Barb does more than that on a day-to-day basis," said Harry Zarins, BIAC executive director. "She's very much a mainstay in the community."

Preventing brain injuries is a major part of Butler's work. Education is key, too.

For example, you might not think twice when you hear someone has a concussion. Butler wishes she could get rid of that word. "People that get concussed, that's actually a brain injury," she said.

"You can get a concussion and not even lose consciousness, but the effect on your brain might be exactly the same as if you had lost consciousness and were in a coma. The brain still has been damaged in some way."

Calling it a concussion downplays the severity of the situation, said Butler.

"If you say Sidney Crosby has had two concussions, no Sidney Crosby has had two brain injuries and people would take it more seriously if it was called a brain injury and not a concussion.

"It needs to be taken more seriously."

"There are passionate people who are out there pounding the pavement and beating the bushes trying to create awareness about acquired brain injury and Barb is on the high end of passionate," said Zarins.

On the BIAC board, on which there is just one other brain injury survivor, "She brings the lived experience to the group, which is so important," said Zarins.

In her daughter's eyes, Butler's is an amazing success story.

"It's just so inspiring to see someone do so much good with their life when they were injured so bad," said Erin.

"She could have kind of curled up in bed and gave up but instead she's just making the most of her life. She devotes her whole life to brain injuries and helping other people with brain injuries."

Butler's volunteer work keeps her very busy. She's always on the go.

"(She's) like the president of brain injury basically in the world," Erin joked. "It really is a full-time job."

"She doesn't expect anything; she just does it because this is what she enjoys doing."

In her capacity with the BIAC and SBIA, Butler travels extensively. She has met some important people — the governor general, Premier Brad Wall, Lt. Gov. Vaughn Solomon Schofield, who presented her a Saskatchewan Volunteer Medal in April.

Butler has photos with all of them, but "I really just want my picture with Gainer" the Gopher, she said laughing.

She didn't get to meet the Saskatchewan Roughriders mascot in July, when she was honoured during a Rider home game as a Scotiabank Game Changer. Each year the program recognizes a few local people for their positive impact on the community. She received a $1,000 cheque for the SBIA.

She'll be back at the Nov. 8 Rider game along with the other eight Game Changer finalists. The winner will receive $25,000 for their charity.

It's fitting that Butler was honoured at a Rider game. Not only is she a fan — "How can you not be a Rider fan if you live in Saskatchewan? It's in the water," she said — but the SBIA are inherently melonheads thanks to their campaign for cyclists, Save Your Melon, which encourages wearing a helmet.

It's a partnership with the Saskatchewan Roughriders and Work-Safe Saskatchewan. Riders CEO Jim Hopson is the honorary spokesman.

Butler's accident drastically changed her life, but it also opened a lot of doors.

"People have said to me, 'If you could go back to that day and you could stop it from happening, would you not have the accident?' and I don't know that I would.

"It changed my life, but who's to say not a better life than I would have had? It's definitely been a different path, but it's been a good path."

amartin@leaderpost.com
Twitter.com/LFAshleyM



Erin Butler, left, says her mom Barb Butler is an inspiration for the way she's dealt with her brain injury. QC PHOTO BY TROY FLEECE

SHARP EATS

See a food trend you think deserves a highlight? Email QC@leaderpost.com or visit us on Facebook

SASKATCHEWAN FOOD SCENE

Erratic nature of pop-up dinners part of the allure

By Jenn Sharp

A pop up dinner. You don't know where or when it's going to be until the last minute, and that's all part of the fun.

Katie Vinge and Ashley Schmalenberg have started a pop up dinner club in Regina, aimed at exposing people to great food and new neighbourhoods.

The two, who have 12 years of combined experience, are both chefs at the Willow on Wascana. Schmalenberg also runs Saltine Baking and sells her artisan breads at the Regina Farmers' Market.

"We both love working at the Willow but thought how cool it would be if we could do our style of food," says Vinge of The Supper Society Regina.

That style is one of simplicity and quality. Everything is made from scratch. The women make their own preserves, bread, do their own pickling and make butters (their Facebook page has delectable pictures of honey miso and local cherry and roasted beet butters).

"We like letting the ingredients speak for themselves. We use quality ingredients, it's simple food, elevated."

Through Schmalenberg's connections at the market, they're able to source abundant local products for the dinners (15 were featured at the first).

"We like knowing where our food comes from," says Vinge.

Dinners will move to a different Regina neighbourhood each time. The first one was held for 30 in a 100 year-old church in Cathedral (they'd like to expand to up to 60 for future dinners).

"Everyone we've talked to about this has been really excited. It's like people have been waiting for something like this to happen here," says Vinge.

At the first dinner, everyone sat family style at one long table. The first course, of the chefs' charcuterie, pickles, cheese, preserves and bread, was meant for sharing.

"We want people to be passing food down the table ... it will get people talking and people will get to know each other. Our food will be the joining factor."

Other courses, like roasted pumpkin soup with a ginger creme fraiche and savoury granola, and braised beef and bone marrow meat pie (with a piece of bone marrow baked into the pie), were served individually.



The Supper Society Regina's first pop-up dinner, during which guests sat together at this table, was held in a 100-year-old church in the Cathedral neighbourhood. SUBMITTED PHOTO

The fourth course, their unconventional take on carrot cake, sounded the best. A cream cheese panna cotta, with brown butter caramel, roasted carrot curd, Last Mountain Distillery whiskey poached raisins and carrot cake crumble.

"We're trying to do food that we would like to eat ourselves," says Vinge.

The next dinner, held closer to Christmas, will have a seasonal theme. You have to watch The Supper Society Regina's Facebook page to find out where and when.

Regina's Sprout Catering has also started pop-up dinners. Falling for Sprout is on their social media sites now. Scheduled for Oct. 24 at 1221 Osler St., it features a five course meal with unlimited wine, a toonie bar and after party with entertainment by Dan Silljer, plus transportation.



The beef and bone marrow meat pie chefs Katie Vinge and Ashley Schmalenberg served at The Supper Society Regina's first pop-up dinner. SUBMITTED PHOTO

Saskatoon's Simon Reynolds has also got in on the pop-up action.

Guests are limited to 12 at the dinners he hopes to hold monthly from where he runs his catering company and cooking classes, Simon's Fine Foods, at 10 2605 Broadway Ave.



The second course, served at The Supper Society Regina's first pop-up dinner, featured a roasted pumpkin soup. SUBMITTED PHOTO



Chefs Katie Vinge and Ashley Schmalenberg's inventive take on carrot cake at The Supper Society Regina's first pop-up dinner. SUBMITTED PHOTO

SHARP EATS



A carmelized French lemon tart with white chocolate and raspberry ice cream chef Simon Reynolds served for dessert at his first pop-up dinner in Saskatoon
SUBMITTED PHOTO



Chef Simon Reynolds served the guests at his first pop up dinner in Saskatoon salmon and avocado ceviche for an appetizer SUBMITTED PHOTO

OKTOBERFEST 2014

Oct. 3 at the Regina German Club, 1727 St. John St.

Kickoff celebrations to Oktoberfest in Regina start Friday night with a celebration of the harvest via food, fun and festivities. Don't forget your lederhosen — costume contest winners will be crowned Ms. or Mr. Oktoberfest.

A traditional German feast will start off the night in the Club's lounge; tickets are $18 for members or $20 for non-members. Visit www.reginagermanclub.ca for more info.

Diners who will be immersed in the cooking experience, will sit together at a table he had made just for that purpose.

"You won't necessarily know everyone. You'll be enjoying the food.

'It's different. I don't think anyone else in town is doing this in the kitchen. You're in the kitchen, you're going to see and smell."

He won't have themes at the dinners, rather, "I'll just (make) whatever I fancy doing. It'll be different every time."

He just held his first, a test run of sorts, and all went well. Reynolds served dished like a delicate salmon ceviche and French lemon tart.

He has no idea when the next dinner will happen, as it all depends on business levels with his company.

"It'll be very random."

And that's the fun of pop-up dinners — the unexpected.

And, just like all the others, to find out about the next dinner, you have to follow Simon's Fine Foods on Facebook and Twitter.

jksharp@thestarphoenix.com
Twitter.com/JennKSharp

MACKENZIE
PLUMBING & HEATING

Celebrating
30
Years Of Service in the Regina Area!

1984 - 2014
Heating
Cooling
Plumbing
Electrical

www.MackenziePlumbing.com

The Crowning Achievement

The University of Regina will honour some of its most distinguished alumni at an Alumni Crowning Achievement Awards dinner next month.

The thousands of students who attend the University of Regina (U of R) graduate with much more than a quality education. [illegible]

[illegible]

[illegible]

[illegible]

[illegible]











University of Regina

University of Regina President and Vice-Chancellor Dr. Vianne Timmons and the University of Regina Alumni Association President Jeph Maystruck invite you to the tenth annual Alumni Crowning Achievement Awards dinner



Leonard Schein MA'73
Lifetime Achievement Award

[illegible]



Dr. Barry Pittendrigh BSc'90 (Hons) Lisbo
Distinguished Professional Achievement Award

[illegible]



Del Murray BA'71 (Hons) Campion, BSW'78
Distinguished Humanitarian and Community Service Award

[illegible]



Ross McEachern BEd'11
The Robert and Norma Ferguson Award for Outstanding Service

[illegible]



Courtney Keith BA'04 Campion
Outstanding Young Alumni Award

[illegible]

2014 Alumni Crowning Achievement Awards

Wednesday October 22, 2014
Reception: 5:30 pm Dinner 6:30 pm
Conexus Arts Centre
Regina, Saskatchewan

Register Online
www.uregina.ca/alumni
Cost: $75.00 per person
$600 for a table of eight
$750 for a table of ten

For more information
Phone (306) 585-5156
or toll free 1-877-779-4723
E-mail: uralumni@uregina.ca

Semi-formal dress
Complimentary parking

University of Regina

www.uregina.ca/alumni

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

MUSIC

Wednesday, Oct. 1

Wednesday Night Folk: Becky & the Jets
Bushwakker, 2206 Dewdney

WayBack Wednesdays with Leather Cobra
McNally's, 2226 Dewdney Ave

George Canyon
Casino Regina Show Lounge
1880 Saskatchewan Dr

Thursday, Oct. 2

Ziggy Marley
Casino Regina Show Lounge
1880 Saskatchewan Dr.

Marc Labossiere
The Pump, 641 Victoria Ave E.

From the Americas to Spain
Classical guitarists Ramses Calderon and Brad Mahon
8 p.m. The Artesian, 2627 13th Ave.

Rococode, Laska
O'Hanlon's, 1947 Scarth St

Friday, Oct. 3

4x4 Fridays
YQR, 1475 Toronto St

The Arrogant Worms
Casino Regina Show Lounge
1880 Saskatchewan Dr.

Marc Labossiere
The Pump, 641 Victoria Ave E.

Fred Eaglesmith
The Exchange, 2431 Eighth Ave

Saturday, Oct. 4

Open Acoustic Jam
3:30-8 p.m.
Broadway's Lounge/Western Pizza, 1307 Broadway Ave.

Boz Scaggs
Casino Regina Show Lounge
1880 Saskatchewan Dr.

Marc Labossiere
The Pump, 641 Victoria Ave E.

Gryphon Trio
Cecilian Concert Series
7:30 p.m. Knox Metropolitan Church, 2340 Victoria Ave.



Ziggy Marley will be jammin' at the Casino Regina Show Lounge on Thursday. SUBMITTED PHOTO

JW Jones Band, Shane Reoch
8 p.m. The Exchange, 2431 Eighth Ave.

Eddie and the Houserockers
9 p.m. Broadway's Lounge/Western Pizza, 1307 Broadway Ave.

Sunday, Oct. 5

None that we know of. Send us your events!

Monday, Oct. 6

Monday Night Jazz & Blues: The Project
Bushwakker, 2206 Dewdney

Weekly Drum Circle
Instruments provided
7:30-9 p.m. The Living Spirit Centre, 3018 Doan Dr. Call Mike, 306-550-3911

The Midnight Roses
The Artesian, 2627 13th Ave

Tuesday, Oct. 7

Fever Feel, Scenic Route to Alaska, Highe
O'Hanlon's, 1947 Scarth St.

VISUAL ART

Horrid: Journey into the Dark
Local artists Joel Hustak and Matthew Laplerre delved deep into the dark abyss of their imaginations to bring forth creatures and landscapes of great strangeness and horror. The show is presented from the perspective of an early 20th century artist and psychonaut who has experimented with a strange new drug that has slipped him into a dark world.
Opening Reception: Oct. 2, 7-9 p.m. Creative City Centre
1843 Hamilton St

Kyle Herranen: Colour
Powerful modern works created with wood veneer and resin. Opening Reception
Oct. 2, 5-8 p.m.
Oct. 2-Nov. 1. Slate Fine Art Gallery, 2078 Halifax St

Sean Whalley: Trimmed
Sculptures depict twisted and strangely deformed shapes, perched on bases and covered in wallpaper, a reference to forests and habitats lost to the pulp industry.
Until Oct. 4. Art Gallery of Regina, Neil Balkwill Civic Arts Centre, 2420 Elphinstone St

Contemporary Canadiana
The Artists of Scott Nicholson Fine Arts. Features the works of Canadian fine artists who have created works of art in three distinct styles portraying the essence of contemporary Canadiana.
Until Oct. 31. Regina Centre Crossing, 1621 Albert St

Miljohn Ruperto: Janus
Los Angeles artist Miljohn Ruperto's video Janus addresses the fine line between states of being. Named after the Roman god of beginnings and transitions, the subject of Janus is the well-recognized "duck-rabbit" illustration popularized by the philosopher Ludwig Wittgenstein. The ambiguous animal's features twitch, its eye blinks, and a wound on its body opens up, implying an overlap of life and death.
Until Nov. 13. Central Mediatheque. Dunlop Art Gallery — Central Branch, 2311-12th Ave.

Martin Tagseth: New Ceramics
Until Oct. 25. Mysteria Gallery, 2706 13th Ave.

From What Remains
Artists Jason de Haan, Kerri Reid and Kara Uzelman infuse data with poetic and speculative meaning via material transformations, replications, assemblages, and texts that mimic scientific processes.
Until Nov. 13. Dunlop Art Gallery — Central Branch, 2311-12th Ave.

Wilf Perreault: In the Alley | Dans le Ruelle
A major retrospective of celebrated Saskatchewan painter Wilf Perreault. Best known for a single subject — the everyday back alley.
Until Jan. 4. MacKenzie Art Gallery, 3475 Albert St

Jasmine Reimer: the harder softer side
Reimer fuses everyday objects with fabricated raw materials to refuse their functionality and their aesthetic, creating an evocative mixture of the familiar and the grotesque.
Until Nov. 26. Dunlop Art Gallery — Sherwood Village Branch, 6121 Rochdale Blvd.

Troy Coulterman: Digital Handshake
Exhibition examines our uncanny relationship to technology, and imagines ways it — and we — might adapt.
The first major solo exhibition by Regina-based sculptor Coulterman.
Until Jan. 25. MacKenzie Art Gallery, 3475 Albert St

Assiniboia Gallery
2266 Smith St
Open Tuesday to Friday, 10 a.m.-5:30 p.m., Saturday 10 a.m.-5 p.m.

Neutral Ground
#203-1856 Scarth St
Open Tuesday to Saturday, 11 a.m.-5 p.m.

Oakland Gift and Fine Arts
Oil and ink paintings by Chinese artists Lingtao Jiang and Hualyi Tian
2312 Smith St. Open Monday to Saturday, 10 a.m.-5 p.m.

TAE Contemporary Gallery
1621 11th Ave.
Open daily 11 a.m.-6 p.m.

COMEDY

Herland Williams, Dan Quinn
Oct. 2, 8 p.m.
University Theatre, U of R Riddell Centre

The Laugh Shop
Live standup every Saturday night, 9:30 p.m.
Ramada Hotel, 1818 Victoria Ave

Steve Patterson
This Is Not Debatable
Oct. 7, 7:30 p.m.
University Theatre, U of R Riddell Centre

PERFORMANCE

Arsenic and Old Lace
Regina Little Theatre
Oct. 1-4, 7:30 p.m.
Regina Performing Arts Centre, 1077 Angus St.

Much Ado About Nothing
Oct. 1-19
Globe Theatre, 1801 Scarth St.

La Troupe du Jour: Les Mots d'Ados/Teen Talk
Oct. 3, 8 p.m.
Auditorium, Carrefour Horizons, 1440 9th Ave. N.

Peace Out, Poets
Regina poetry slam team performance
Oct. 4, 7:30 p.m.
Creative City Centre
1843 Hamilton St

Trans-Actions
Curtain Razors multidisciplinary performance featuring stories from around the world.
Oct. 4, 7:30 p.m.
Oct. 5, 2 p.m.
First Nations University glass tipi

DANCING

Salsa dancing
Oct. 1, 8:30-11:30 p.m.
Cathedral Freehouse, 2062 Albert St

Fun Dancing
Learn to square dance, round dance or clog. First two nights free.
Oct. 2, 6-7:30 p.m.
St. James Anglican Church, 1105 Empress St.

Dueling DJs Dance Cabaret
Oct. 3, 8-11 p.m. Eagles Club Hall, 1600 Halifax St.

Retro Dance Party
Every Sunday
McNally's, 2226 Dewdney Ave.

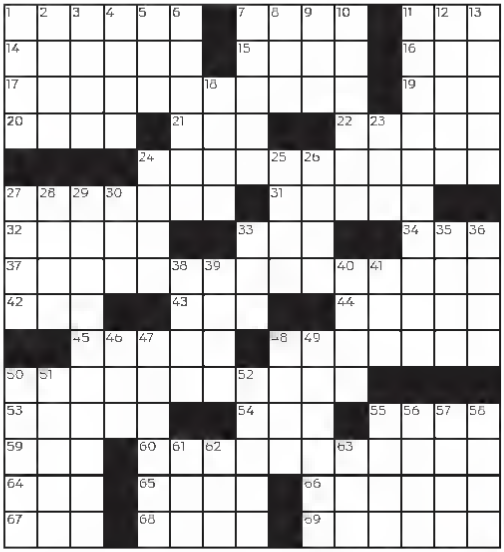
Traditional Metis Jigging
Free lessons. Pre-registration is recommended. 306-525-5393
Monday evenings from 6:30-7:30 p.m. New Dance Horizons, 2207 Harvey St

Latin Lounge
First Monday of the month.
Hosted by Cubaneate Dance
Oct. 6, 8-11:30 p.m.
Artful Dodger, 1631 11th Ave

West Coast Swing Toonie Tuesdays
Oct. 7, 7:30-9:30 p.m.
Northeast Community Centre, 160 Broad St. N.

CROSSWORD

NEW YORK TIMES *Edited by Will Shortz*



PUZZLE BY GARETH BAIN AND DAVID POOLE

ACROSS

1 Showing hopelessness
7 "West Side Story" weapon
11 Do Not Call Registry org.
14 Truckers' contest
15 Colombian city of 2+ million
16 Dig this!
17 Libretto for "Il Trovatore"?
19 FEMA offering
20 Green-light
21 Want ad abbr.
22 Lightning setting
24 Microwave for hot dogs?
27 Sequel to "Twilight"
31 90° from sur.
32 Sound of an allergic reaction
33 ___ factor
34 Porter's cousin
37 Actor Sheen after starting a new career in piano maintenance?
42 "Salem's ___"
43 DVR brand
44 Subject of King Abdullah
45 Union station?
46 Lacking the traditional comforts
50 One who knows the earnings report by heart?
53 Get the lead out?
54 Hauler's choice
55 Once, quaintly
59 Lucy of "The Man With the Iron Fists"
60 Actor in a Mr. Potato Head costume?
64 Gp. part
65 Scrape, in a way
66 Make bubbly
67 Wood used to make the original Stratocasters
68 Neurosurgeons' readouts, for short
69 George's friend in "Of Mice and Men"

DOWN

1 Oil giant that's part of the Tesoro Corporation
2 Reserve
3 1998 Wimbledon champ Novotna
4 Pushing the boundaries of propriety
5 Daycare center?
6 Fighter in a ring
7 Descendant
8 Solo on the big screen
9 Land in la mer
10 Prospects
11 Bit of packaging detritus
12 Horsefeathers
13 Chest wood
18 Like ostrich meat
23 Abbr. in some addresses
24 Hornswoggle
25 ___ brothers, noted political donors
26 First name of the wolf in Disney's "The Big Bad Wolf"
27 Salt, chemically
28 Parrot
29 "That is SO stupid!"
30 Country on the Strait of Gibraltar: Abbr.
33 "Keep ___ secret"
35 Helen of Troy's mother
36 Hibernia
39 Early 2000s war zone
38 Color similar to almond
40 Winter Palace resident
41 Political alliance of 1958: Abbr.
46 "___ Girls," 1957 musical comedy
47 Sub-Saharan menace
48 Badge shape
49 One who might have a collection of foreign stamps
50 1965 civil rights march site
51 Curious, action-oriented sort, supposedly
52 Pizzeria needs
55 Pull in
58 Romney's 2012 running mate
57 ___ Institute, org. that makes use of the Allen Telescope Array
59 Family ___
61 Relative of a cuatro, informally
62 All over the news
63 Victor at Chancellorsville

JANRIC CLASSIC SUDOKU

Level: Silver

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

			5			9		3
		1		7	8	6		
5		9					1	8
	1			4				
9		5				7		4
				8			5	
4	6					3		1
		3	2	9		8		
7		8			1			

Solution to the crossword puzzle and the Sudoku can be found on Page 19





WILF PERREAULT

IN THE ALLEY / DANS LA RUELLE

September 27, 2014 – January 4, 2015

MACKENZIE ART GALLERY

PRESENTED BY GREYSTONE MANAGED INVESTMENTS INC

SUPPORTED BY: HARVARD DEVELOPMENTS INC. Canada

Organized by the MacKenzie Art Gallery and presented by Greystone Managed Investments, this project has been made possible through a contribution from the Museums Assistance Program, Department of Canadian Heritage. Sponsored by Harvard Developments with Grasslands and Harvard Communities and generously supported by the Daedalus & Claire Kramer Foundation. Promotional design by Brawn Communications.

Wilf Perreault, *Guiding Light*, 2002 (detail), acrylic on canvas, 182.8 x 305.3 cm. Collection of the MacKenzie Art Gallery, purchased with funds donated by the Barootes family in honour of Betty Barootes.

EVENTS

SPORTS

Sask Skate/Sask Open
Oct. 3-5. Co-Operators Centre, Evraz Place

Man'a volleyball
U of R Cougars vs. Manitoba
Oct. 3, 5 p.m. U of R CKHS

Woman'a hockey
U of R Cougars vs. Manitoba
Oct. 3, 7 p.m. Cooparators Cantre, Evraz Placa

Saskatchawan Roughridars vs. Calgary Stampedars
Oct. 3, 8 p.m. Mosaic Stadium

Man's volleyball
U of R Cougars vs. MacEwan
Oct. 4, 11 a.m. U of R CKHS

Woman'a hockey
U of R Cougars vs. Manitoba
Oct. 4, 3 p.m. Cooperators Cantre, Evraz Placa

Man'a volleyball
U of R Cougars vs. Brandon
Oct. 4, 5:30 p.m. U of R CKHS

Regina Pats vs. Prince Albert
Oct. 4, 7 p.m.
Brandt Centre, Evraz Place

Man's volleyball
U of R Cougars vs. Winnipeg
Oct. 5, 10 a.m. U of R CKHS

Regina Pats vs. Rad Deer
Oct. 5, 6 p.m.
Brandt Centre, Evraz Place

Canadian Straightboard Shufflaboard Championships
Oct. 6-9. DoubleTree Hilton, 1975 Broad St.

FOR FAMILIES

Stars and Strollars
Wednesday, 1 p.m.
Cineplex Odeon Southland Mall, 3025 Gordon Rd.

Bake A Diffarance
Combat bullying through baking; spread kindness with a cookie. Wednesday, 5-7 p.m.
Sweet Ambrosia Bakeshoppe, 230 Winnipeg St. N.

Drop-in crafts and gym
Free event for youth aged 5-18. Thursday, 4-6 p.m.
Eastview Community Centre, 615 6th Ave.

Drop in indoor Playground
Friday, 9-11:45 a.m.
South Leisure Centre, 170 Sunset Dr.

Mom and Tot Borad Maatings
Hosted by Kate Murray, 306-216-2511.
Friday, 10-11:30 a.m. Early Learning Family Centre, Scott Collegiate, 3350 7th Ave.

Build and Grow Clinics
Build a special feature project. For children age 5 and up.
Saturday, 10 a.m.
Lowes, 4555 Gordon Rd.

Michaela Kids Club
Saturday, 10 a.m.-noon
2088 Prince of Wales Dr.

Family Favouritea films
Enjoy a favourite film for just $2.50.
Saturday, 11 a.m. Galaxy Cinemas, 420 McCarthy Blvd. N.

Oktoberfest Family Fun Day
Oct. 4, 2-5 p.m.
German Club, 1727 St. John St.

Family activitiaa
Saturday and Sunday, 2 p.m.
Saskatchewan Sciance Cantre, 2903 Powerhouse Dr.

Family Studio Sundays
Sunday, 2-4 p.m.
MacKanzia Art Gallary, 3475 Albert St.

Parent and Praschoolar Jungla Gym
Monday, 9:30-11 a.m.
Al Ritchie Family Wellness Centre, 445 14th Ave.

Sciance Time for Tots
Interactive workshop aimad at early learnars.
Tuesday, 9:30-10 a.m.
Saskatchawan Sciance Cantre, 2903 Powerhouse Dr.

Drop-in crafts and gym
Free event for youth aged 5-18. Tuesday, 4-6 p.m.
Eastview Community Cantre, 615 6th Ave.

Mom's Morning Out
3200 Avonhurst Dr., swalter@sasktel.net

Mothars of Pra-Schoolars (MOPS)
Rosewood Park Alliance Church, mops@rosawoodpark.ca

Ragina Nawcomars Club
reginanewcomersclub@gmail.com

Tima Out For Parants
Al Ritchie Family Wellness Centre, 2250 Lindsay St., 306-525-4989; arfwp@sasktel.net

Y's Moms Group
YMCA, 2400 13th Ave., 306-757-9622

YWCA Regina
1940 McIntyre St., 306-525-2141

MUSEUMS

Alex Youck School Musaum
1600 Fourth Ave.
Tours by appointment only (306-523-3000).

Civic Museum of Regina
1375 Broad St.
Tuesday-Friday 10 a.m.-4 p.m.
Saturday noon-4 p.m. Closad Sunday and Monday.

Government Housa Museum & Haritage Proparty
4607 Dawdnay Ave.
Tuesday to Sunday, 9 a.m.-4 p.m.

RCMP Haritage Cantre
5907 Dawdnay Ave.
Open 11 a.m.-5 p.m. daily.

Ragina Firefightars Musaum
1205 Ross Ave.
Tours by appointment (306-777-7714).

Ragina Floral Consarvatory
1450B 4th Ave.
Open daily, 1-4:30 p.m.

Royal Saskatchawan Musaum
2445 Albert St.
Open 9:30 a.m.-5 p.m. daily.

Saskatchawan Military Musaum
1600 Elphinstona St.
Open Monday and Thursday, 7-9 p.m., or by appointmant (306-347-9349).

Saskatchawan Sciance Cantre
2903 Powerhousa Dr.
Tuesday-Friday 9 a.m.-5 p.m.
Saturday-Sunday and holidays, noon-6 p.m.
Closed Mondays.

Saskatchawan Sports Hall of Fama
2205 Victoria Ave.
Monday-Friday 10 a.m.-4:30 p.m. Closad weakends.

OTHER HAPPENINGS

Ragina Farmars' Market
Wednesday and Saturday, 9 a.m.-1 p.m.
City Square Plaza, downtown

Social Isolation of Saniors in Canada
A presentation by Shanthi Johnson, U of R kinasiology professor.
Oct. 1, noon-1 p.m.
Lifalong Learning Cantre, 2155 College Ave.

RCMP Sargaant Major'a Parada
Weekdays, 12:45 p.m.
RCMP Depot Division, 5600 11th Ava.

Mott's Clamato Bast Ceasar in Town contest
Oct. 1, 6 p.m. sign-in, 7 p.m. start. Birmingham's, 2635 E. Starlite St.

Dpan Minds: Dabating Public Issuas
'Keeping an eye on things: tha futura of drones in Canada'. Discussing the public and privata usa of unmanned aarial vahicias (UAV).
Oct. 1, 7 p.m.
Artesian, 2627 13th Ava.

A Diacussion of Biotachnology
Oct. 1, 7:30 p.m.
Science Cantre, 2903 Powarhouse Dr.

Monthly ALES Maeting
Home-brewing club. Naw mambars welcoma.
Oct. 1, 8 p.m.
Bushwakker basement clubroom, 2206 Dawdnay Ave.

Regina Farmer'a Market on campus
Every Thursday, 10 a.m.-2 p.m.
U of R Research and Innovation Cantre Atrium.

Oktobarfest
Auftakt ticketed maal, Mr. and Ms. Oktoberfest contest, wina festival. Oct. 3, 7 p.m.
German Club, 1727 St. John St.

Ragina Waavers & Spinnars Guild Annual Fibre Arts Sala
Fraa admission.
Oct. 4, 10 a.m.-5 p.m.
Oct. 5, 1-4 p.m.
Regina Senior Citizens Cantre, 2404 Elphinstona St.



Prost! Celebrate Oktoberfest at the German Club this weekend. GETTY IMAGES PHOTO

A Stylish Affair
A "gently worn" woman's fashion sala. A portion of profits support the YMCA Strong Kids campaign.
Oct. 4. YMCA, 2400 13th Ave.

Stoma Stroll
Fundraiser for Canada Ostomy Day. Barbecue follows the walk. Oct. 4, noon-2 p.m.
Behind the Royal Saskatchewan Museum, 2445 Albert St.

Victorian Tea
Hosted by the Government House Historical Society.
Oct. 4-5, sittings at 1 and 2:30 p.m. Reserve a seat at 639-571-7123. Government House, 4607 Dawdney Ave.

Sistars in Spirit Gatharing
In honour of missing and murdered indigenous women.
Oct. 4
4 p.m. — pipa ceremony and traditional feast (you are ancouraged to bring food to share)
6 p.m. — speakers and candlelight vigil
7 p.m. — round dance
First Nations University of Canada

Oktoberfast
Keg-tapping ceremony, live music, taam challenges and more. Oct. 4, 5 p.m.-2 a.m.
German Club, 1727 St. John St.

EVENTS

Silent Hearts — Perinatal Loss and Awareness Walk and Run
Oct. 4, 2 p.m. Wascana Rehab, 2180 23rd Ave.

Pints & Prose Trivia
Sunday, 8:30 p.m.
O'Hanlon's, 1947 Scarth St.

Meet the Chefs — Beer Glass Master Class
Children's Justice Foundation fundraiser. Sample signature dishes by Regina chefs, taste four different beers.
Oct. 7, 6:30 p.m. $75.
Casino Regina Show Lounge
1880 Saskatchewan Dr.

Learn to Curl or Improve Your Skills
Call 306-543-8600 to register. Oct. 7-10, 6:30-8:30 p.m.
Highland Curling Club, 348 Broad St.

ChewsDay Challenge
Drop-in gathering of board game enthusiasts. Every Tuesday, 6 p.m.-midnight.
Boston Pizza, 545 Albert St. N.

FILM

Huyhuy (Trade)
Taking place in the Pacific Northwest and spoken in the local indigenous trade language, two men are involved in a trade, with each trying to get ahead of the other. One man comes from a working class background and is at the beck and call of the other man who lives in more privileged comfort.

Maiden Indian
Curious about the recent popularity of mukluks and feathered headbands, three friends begin sifting through racks of new trends collecting fashionable signifiers of indigenous identity. Their window shopping is contrasted by a museum visit full of artifacts and ethnographic dioramas meant to represent historical aboriginal culture. With fabric and sewing machines, they begin to stitch together their own dresses based on the pastiche of their experiences and understanding.

Ikwe
An experimental film that weaves the narrative of one woman's intimate thoughts with the teachings of her grandmother, the Moon, creating a surreal narrative experience that communicates the power of thoughts and personal reflection. In Cree and French.

A Common Experience
A poetic exploration of the multi-generational effects of Canada's Indian Residential School system. It is based on the personal trials of aboriginal playwright Yvette Nolan.

Meskanehk (My Path)
A video narrative of a young 'half-breed' man's journey off a Cree reserve. This video highlights the motivations that progressed his journey and the questions, regrets and fears raised on his path from childhood to adulthood. In Cree and English.

Empty
Set to music by Little Hawk, this animated and starkly honest story is a daughter's tribute to her estranged mother.

Heritage Language Film Festival
Presented by the Saskatchewan Organization for Heritage Languages.
Oct. 1, 7-9:30 p.m.
Creative City Centre
1843 Hamilton St.

The Big City
A story of working-class life, Ray builds a powerful human drama surrounding the story of Arati who, despite the protests of her bank clerk husband, decides to take a job to help support their family. In Bengali with English subtitles.

Wings of Desire
An angel tires of overseeing human activity and wishes to become human when he falls in love with a mortal. In German with English subtitles.

Beijing Bicycle
A 17-year-old boy from the countryside, Guei, finds a job with a courier company. After his new bicycle is stolen one day, the stubborn Guei goes on a search. At the other end of the city, Jian is a schoolboy who buys Guei's stolen bicycle from a second-hand market. When Guei's search brings the two boys together, more than the ownership of the bicycle is brought into question. In Mandarin with English subtitles.

The Spirit of the Beehive
Spain 1940. In the wake of a devastating civil war a young girl in a small Castilian village attends a travelling movie show of Frankenstein and becomes haunted by her memories of it.

Uncle Boonmee Who Can Recall His Past Lives
Suffering from acute kidney failure, Uncle Boonmee has chosen to spend his final days surrounded by his loved ones in the countryside. Surprisingly, the ghost of his deceased wife appears to care for him, and his long lost son returns home in a non-human form. Contemplating the reasons for his illness, Boonmee treks through the jungle with his family to a mysterious hilltop cave — the birthplace of his first life. In Thai with English subtitles.

Uvanga
Drama
Anna and her 13-year-old son, Tomas, arrive in the small, close-knit community of Igloolik, in the Canadian Arctic to connect with the boy's deceased father's family. Their emotions will follow unexpected trajectories, paralleled by the disorienting High Arctic summer and its 24 hours of sunlight. Shot in Nunavut.

Manakamana
Documentary
A group of pilgrims travels to Nepal to worship at the legendary Manakamana temple.

Regina Public Library Theatre
2311 12th Ave., 306-777-6104

Flight of the Butterflies
Documentary
Join hundreds of millions of butterflies on an amazing journey to a remote hideaway in the mountains of Mexico.

Kenya: Animal Kingdom
Documentary



Gillian Flynn's bestselling novel hits the big screen as Gone Girl opens in theatres on Friday

Discover Kenya's famous fauna in their natural habitat, including the Big Five — lions, African elephants, Cape buffalo, leopards and black rhinos — and giraffes, hippos and cheetahs. Meet two fearless young Maasai and follow them on their ritual safari.

Island of Lemurs: Madagascar
Documentary
Join scientist Patricia Wright on her lifelong mission to help endangered lemurs survive in the modern world. Narrated by Morgan Freeman.

Kramar Imax
2903 Powerhouse Dr.
306-522-4629

NEW MOVIES

Gone Girl
Thriller
Nick Dunne (Ben Affleck) and his wife Amy (Rosamund Pike) move from New York City back to his Missouri hometown where, with money from Amy's trust fund, he opens a bar. On their fifth wedding anniversary, Nick reports that Amy has gone missing. Nick eventually becomes a suspect in her disappearance and possible murder, especially when he's questioned by the police and gives a much different view of his marriage than what they find in Amy's journal. To top it off, the police find out he's been having an affair. Based on the novel by Gillian Flynn.

Annabelle
Horror
A couple experiences terrifying supernatural occurrences involving a vintage doll shortly after their home is invaded by satanic cultists.

Left Behind
Thriller
A pilot (Nicolas Cage) struggles to save the lives of a small group of passengers that remain on his flight after millions of people around the world suddenly vanish without a trace.

Hector and the Search for Happiness
Comedy
Hector (Simon Pegg), a psychiatrist, enjoys his job, loves his girlfriend Clara (Rosamund Pike) and has a steady routine. He suddenly tires of his humdrum life and decides to travel to other countries to research the secret formula for happiness. As Clara worries whether Hector is going on a trip to get away from her, Hector has a series of adventures, including some life-threatening experiences.

Galaxy Cinemas
420 McCarthy Blvd. N.
306-522-9095

Cineplex Odeon
Southland Mall Cinemas
3025 Gordon Rd., 306-585-3383

Rainbow Cinemas
Golden Mile Shopping Centre
3806 Albert St., 306-359-5250

Events listings are a free community service offered by QC. Listings will be printed if space permits.

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

COLIN CHATFIELD

If a Fish Had a Wish all about self-acceptance

When I was in elementary school at St. Augustine in Saskatoon, I had problems reading. I ended up going to the University of Saskatchewan each week in Grade 4 to get help learning to read properly. I always thought I wasn't smart because I couldn't read properly. It affected my school work negatively too, in that often I had to read things numerous times to understand what was being talked about.

I was also usually the smallest one in my classes, even through high school. I always had some self-esteem issues because of that. I hated being the smallest, the shortest, and so on. It took me a long time to accept being the way I was.

My first book, If a Fish Had a Wish, is about a little fish who always wished he were something more than he is, whether stronger, bigger, taller. In the end, he accepts he is happy being the way he is. I originally wrote the book for my daughter Micaila, who was five at the time. From before she was two, I had read books to her. Our favourite books were Dr. Seuss titles, such as One Fish, Two Fish, Red Fish, Blue Fish and There's a Wocket in my Pocket. I wrote my book in the style of Dr. Seuss.



Colin Chatfield

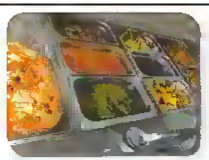
I firmly believe reading is a fundamental aspect of a person's development and growth. It opens up a world of knowledge and is necessary to enhance any learning we do. With all three of my kids, I started reading to them prior to them turning two. We still read together to this day. I love going through book orders and finding new books of interest to the kids.

My book is currently being self-published. However, I have started a Kickstarter project to try to raise funds so it can be professionally published and made available at a lower price. I would like to see as many kids as possible reading and enjoying my book. It is geared for preschool to Grade 2 kids, but older ones will understand the message. The illustrations are fantastic, and are done by Alissa Thompson, a local illustrator. She is young, but talented, and this is her third book. I had my friend, Shelley May LePoudre from Saskatoon, edit it. Without those two, the book would not have been possible.

The book is available in Saskatoon at McNally Robinson, Indigo, SaskMade Marketplace, So Cute Kids Boutique (in Market Mall), and should be on iTunes soon, and soon to be shipping from Amazon. I also hope to be able to provide some books to the school systems and libraries. I encourage people to volunteer at places such as READ Saskatoon and help open up the doors to knowledge to people with reading difficulties. The Facebook page for the book is www.facebook.com/ifafishhadawish.



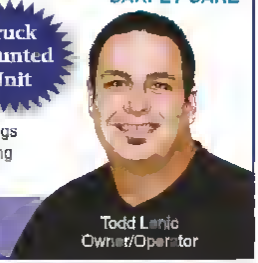
AFGHAN CUISINE
FAMILY RESTAURANT



Special Afghan FREE TEA FOR LIMITED TIME

Lunch Buffet Mon - Sat 14.99
Evening Buffet 18.99
Thursday | Friday | Saturday
Seniors Discount • Menu Always Available
Come See why we are considered one of Regina's best ethnic restaurants
832 Albert Street 949-0800 www.afghancuisine.ca Eat In • Take Out & Delivery • Catering

Carpet Cleaning Special
Alpine CARPET CARE
$75.00 Living Room & Hallway
Truck Mounted Unit
OTHER SERVICES: Rec Rooms starting @ $95, Area Rugs
Bedrooms ($20/room), Upholstery, Tile & Grout Cleaning
NO HIDDEN CHARGES or UPSELLS
(306) 543-1750



Todd Lenic
Owner/Operator

BELIEVE IT?



Andy Irwin
@AndyIrwin23
Follow
#Pope Resigns.

How do Canadians know if it's true (or not)?
They turn to the trusted source. Newspapers in print, online, tablet and phone.
And, research finds that they trust the ads there too – more than those in any other medium.

Be where Canadians look.

LEADER-POST
NEWSPAPERS CANADA

WINE WORLD

SASKATCHEWAN WINE SCENE

Celebrate summer's end with pink moscato

By James Romanow



The mountain ash berries are red, the leaves are yellowing, and we all know what that means. On the other hand, we are having that glorious last gasp of summer that keeps us outside in our shorts admiring the stars. I don't know about you but this is my favourite time of year. And even if it isn't yours, you should stop a moment to stare up at that cloudless sky that goes to infinity, a blue so deep you can get lost in it.

The best way I know to make a person pause is to stick a glass of bubbly in their hands. It needn't be a lip puckering brut natural champagne. In fact, at this time of year, as we celebrate the harvest, surely something a little sweeter would be appropriate.

Last week I was enjoying a watermelon and wondering what to have with it. I opened an Australian wine from the de Bortoli clan, a pink moscato. It turned out that this was the perfect watermelon wine, and indeed work took a back seat to a mini-party with a mini melon. I sat on the balcony, smiled at the traffic and enjoyed both wine and melon.

How could I not? Moscato is a lovely light afternoon drink (eight per cent alcohol) with a bright fruity palate. It's pink, effervescent, and decidedly charming. This is a wine that demands you play hooky and eat watermelon.

The only thing bad I can say is it makes a lousy pre-dinner drink as any wine you drink afterwards will seem way too powerful and tart. Emeri is nothing more than the perfect way to celebrate the end of summer.

Emeri Sparkling Pink Moscato $17.99 ****

More wine in Monday's paper and on Twitter @drbooze

Crossword/Sudoku answers

A	B	J	E	C	T		S	H	I	V		F	T	C
R	O	A	D	E	O		C	A	L	I		O	R	E
C	O	N	G	E	R	L	I	N	E	S		A	I	D
O	K	A	Y		E	E	O			T	A	M	P	A
				F	R	A	N	K	Z	A	P	P	E	R
N	E	W	M	O	O	N		O	E	S	T	E		
A	C	H	O	O			I	C	K			A	L	E
C	H	A	R	L	I	E	T	H	E	T	U	N	E	R
L	O	T			R	C	A			S	A	U	O	I
		A	L	T	A	R		S	P	A	R	T	A	N
S	A	L	E	S	Q	U	O	T	E	R				
E	R	A	S	E			V	A	N		E	R	S	T
L	I	U		T	U	B	E	R	P	L	A	Y	E	R
M	E	G		S	K	I	N		A	E	R	A	T	E
A	S	H		E	E	G	S		L	E	N	N	I	E

8	2	6	5	1	4	9	7	3
3	4	1	9	7	8	6	2	5
5	7	9	6	2	3	4	1	8
6	1	7	3	4	5	2	8	9
9	8	5	1	6	2	7	3	4
2	3	4	7	8	9	1	5	6
4	6	2	8	5	7	3	9	1
1	5	3	2	9	6	8	4	7
7	9	8	4	3	1	5	6	2

acert
adult centre for employment readiness & training

CO-OP Sherwood



Work Place Literacy for Newcomers

Enhance your employment opportunities through workplace literacy!

This program assists newcomers (refugees & immigrants) to enhance their employment opportunities through workplace literacy skill development. Upon successful completion of the program you will be guaranteed a position with Sherwood Co-op in Regina.

Program content includes:
- Employability Skills
- English Language Skills
- Canadian workplace culture
- Resumes/Cover Letters
- Job Searching & Networking
- Personal Basic Financial Management

Location: Classes are held at ACERT at 425 Winnipeg Street (across from the Regina Food Bank)

Schedule: October 14, 2014-April 16, 2015
Tuesday to Thursday 9am - 2:30pm

Program Information session will be held on September 30 at 2:00pm

If you have any questions please feel free to contact us by phone, email, or in person at our centre. We look forward to hearing from you!

(306) 791 6533 ext. 231
info@acerted.ca
www.acerted.ca
You can Sign up for our programs online!
425 WinnipegSt, Regina, SK S4R 8P2

FASHION

What's your favourite trend for fall 2014?
Email us at qc@leaderpost.com

SASKATCHEWAN FASHION TRENDS

Style runs in the family

By Jenn Sharp

Saskatoon fashion designer Rebecca King has been in the game long enough to know how to appeal to a woman's innermost style desires. Raising her first child, Novena Farthing (who turns two in November) has also endeared her to children's style.

King works from an in-home studio which, along with King's own wicked style sense, has influenced her toddler. Novena is especially fond of pretty footwear.

As King dresses her for the shoot she squeals in delight at the different pieces, but when it's all done she's happy to take the fur vest off and play in the leaves.

She's not dressed in head-to-toe designer though, or even brand new clothes. King adores second-hand stores and hand-me-downs from the numerous cousins.

"I don't really have the time to go through the stores and pay that much. I fill in some key pieces that I really want her to have. I find I have a ton of clothes and she doesn't even wear them. You really don't need that much, just something at every age."

King, husband Sam Farthing and Novena moved back to Saskatoon from Calgary four months ago. They had gone to Alberta while Sam was studying architecture. They always planned on returning home, despite many people telling the couple they'd fall in love with Calgary and want to make the move permanent.

"We didn't even really consider staying. We didn't want to set up life there."

Thanks to a bigger market, King says her work prospered in Calgary, but she loves Saskatchewan and its burgeoning local designer scene. Plus, Saskatoon is a much nicer place to raise her daughter.

"I wanted to give her more. She needs more social interactions. We had friends there (but) ... it's really awesome to see her with her cousins.

"We like the city's culture and our arts culture and what's growing and to be a part of that," she says of Saskatoon.



Novena Farthing shows off a fall look while playing in the leaves at Kinsmen Park in Saskatoon. QC PHOTO BY MICHELLE BERG

1. **HEAD BAND** Rebecca made it. "I made little matching anklets with it too. They look like knit boots. They're made from a super thick wool. I like the little pinch in the middle — it's yarn wrapped around and sewn down. It's super simple. It's five or six stitches across and takes no time. I actually only know how to knit a straight line."
2. **VEST:** Old Navy, a baby gift when Novena was born.
3. **TOP:** Target
4. **SHORTS:** Old Navy
5. **SHOES:** Joe Fresh

King loves knitting but unfortunately it's pretty hard to sell hand knit items. "The yarn is really expensive (especially) to get really nice wool," she says.

Add that to the hours she'd spend knitting a single scarf and no one would pay the price point she'd need to charge. But lucky Novena has an accessories box topped off with pretty pieces her mom made. (Disclaimer: King doesn't sell children's clothes, only adult collections.)

She made Novena's sweater — a pint-sized version of the one she makes for adults, complete with wood buttons and oversized front pockets.

King is known for her coats. In flattering cuts and gorgeous fabric, but has moved towards sweater coats for fall 2014.

"I find that sweaters are more wearable all year round and they're just cozier."

To stay on trend this fall, look for heavy, textured knits with big but tons that go past the bum.

jsharp@thestarphoenix.com
Twitter.com/JennKSharp



1. **HAIR CLIP:** Once Upon A Child in Saskatoon
2. **SWEATER:** A child-sized version of King's best-selling sweater. "I started (selling) it in 2007. The fabric changes all the time."
3. **LEGGINGS:** Old Navy
4. **BOOTS:** Target

Like it
Buy it
LEADER-POST REGINA



LOOKING FOR A
GREAT DEAL
ON PRODUCTS, ACTIVITIES,
LOCAL SERVICES,
FOOD & DRINK AND MORE?



LIKEITBUYITREGINA.COM
SEPT 30 - OCT 6 ONLY
GET THESE GREAT DEALS BEFORE THEY'RE GONE!

LEADER-POST

OUTSIDE THE LINES

Colouring contest

Each week, artist Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to **qc@leaderpost.com.** One winner will be chosen each week.

Please send **high-resolution pictures and include the child's name and contact information.**



Last week's QC colouring contest winner was **Grace Olenick.** Congratulations! Thanks to all for your colourful submissions. Try again this week!

REAP IN THE SAVINGS

with the...

HARVEST SALES EVENT

ENDS SATURDAY

2012 PRIUS C



1389351

Tech Package, 18,000kms

ONLY $19,900

2008 SEBRING



126269

ONLY $14,900

2014 CHARGER



126162

WAS $26,500 NOW $24,900

2011 HONDA PILOT TOURING



1497121

PST PAID

ONLY $28,900

2012 TUNDRA PLATINUM



1496261

22" custom wheels. Low km's

$42,900

2014 SEQUOIA LTD.



127661

WAS $59,900 NOW $54,900

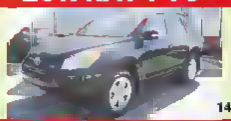
2012 LEXUS IS 250 BASE (M6) SEDAN



1278841

ONLY $27,900

2011 RAV4 V6



1493351

ONLY $23,900

2011 VENZA



PST PAID 1384382

WAS $29,900 NOW $25,897

2012 DODGE GRAND CARAVAN



1278351

ONLY $16,900

2011 TOYOTA SIENNA LE FWD



1493111

Warranty Remaining

ONLY $23,900

2013 RAV 4 XLE



127684

WAS $31,900 NOW $28,900

2012 INFINITI G37X AWD



126284

WAS $34,900 NOW $32,900

2013 CAMRY



126289

6 to choose from

NOW $19,885

O.A.C. See dealer for details.

TAYLOR LEXUS TOYOTA

LEXUS Certified PRE OWNED

TOYOTA Certified USED VEHICLES

ON THE BROAD STREET AUTO MILE...
www.taylortoyota.ca

TAYLOR'S USED VEHICLES
605 BROAD ST.
569-8777
DL# 915804

NISSAN
Innovation that excites



THE ALL-NEW 2015 NISSAN
MICRA®

GREAT CAR. SHOCKING VALUE

- Agility designed for city driving
- Tight turning circle that makes any parking challenge a breeze.
- Quick acceleration to inspire confidence when you need it most

Starting at
$9,998

DILAWRI NISSAN 1775 5th Ave. 306-569-0000
www.dilawrinissan.ca